



## HIMACHAL PRADESH JUDICIAL ACADEMY, SHIMLA

16 Mile, Shimla-Mandi National Highway, District Shimla – 171014  
[Est. vide Notification No. Home (E) 3-17/2003-II dated 24<sup>th</sup> November 2005]

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*Ref. No. HPJA/Webinar JOs /2020-*

*Dated: 15.09.2020*

To

The Ld. District and Sessions Judges,  
Bilaspur/ Chamba/ Hamirpur/ Kangra at Dharamshala/Kinnaur at  
Rampur Bushehr/ Kullu/ Mandi/ Shimla/ Sirmour at Nahan/ Solan/  
Una

**[Through Email and Fax]**

**Subject: Webinar on “Stress Management” for Senior Civil Judges and Civil Judges on 19.09.2020.**

Sir,

“Jai Hind”

I have the honour to submit that Himachal Pradesh Judicial Academy is organizing Webinar on “*Stress Management*” for the Senior Civil Judges and Civil Judges on 19<sup>th</sup> September, 2020, from 3.30 PM to 4.30 PM. List of Senior Civil Judges and Civil Judges nominated for attending the aforesaid Webinar is enclosed herewith for kind perusal.

It is, therefore, requested that the nominated Judicial Officers posted in your Civil and Sessions Divisions may please be advised to join the Webinar on the aforesaid date and time. The nominated officers may also be asked to download the ‘google meet app’ from the google play store in their mobiles or laptops/desktops to join the Webinar. Link to join the webinar will be sent to the officers on their mobiles/email IDs.

Thanking you,

Yours faithfully,

(Abira Basu)  
Deputy Director

**Encl.:** As above.



**Endst. No.:** HPJA/Webinar JOs /2020- 2152

**Dated:** 15.09.2020

Copy forwarded for information to:

1. The Worthy Registrar General, High Court of Himachal Pradesh, Shimla.
2. The Principal Private Secretary to Hon'ble the Chief Justice, High Court of H.P. (Hon'ble Patron of the Academy), Shimla.
3. The Secretary to Hon'ble Shri Justice Sureshwar Thakur, Judge, High Court of H.P. (Hon'ble President of the Academy); with the request to place this letter before His Lordship for kind perusal, please.
4. ✓ Sh. Pawan Kumar, System Analyst of the Academy; with the direction to upload the same in the website of the Academy and also to send the same to the Id. District and Sessions Judges and the concerned officer through e-mail.

**Deputy Director**

**List of Judicial Officers nominated for attending the Webinar on “Stress Management” on 19.09.2020**

S. No.	Name of the Officer	Designation	Place of posting	Mobile No.	E-mail ID
1.	Sh. Avinash Chander	Senior Civil Judge-cum-CJM	Una	94184-64644	<a href="mailto:avinashchander76@gmail.com">avinashchander76@gmail.com</a> <a href="mailto:avinashchander@aij.gov.in">avinashchander@aij.gov.in</a>
2.	Sh. Rajesh Chauhan	Senior Civil Judge - cum-CJM	Solan	94180-05001	<a href="mailto:rajeshchauhan331@gmail.com">rajeshchauhan331@gmail.com</a> <a href="mailto:chauhanrajesh@aij.gov.in">chauhanrajesh@aij.gov.in</a>
3.	Sh. Rajinder Kumar	Senior Civil Judge - cum-CJM	Mandi	94181-52600	<a href="mailto:rajinderkumar65@hotmail.com">rajinderkumar65@hotmail.com</a> <a href="mailto:rajinderkumar@aij.gov.in">rajinderkumar@aij.gov.in</a>
4.	Mrs. Kanta Verma	Senior Civil Judge - cum-CJM	Hamirpur	94187-99700	<a href="mailto:kantanaresh74@gmail.com">kantanaresh74@gmail.com</a> <a href="mailto:kantaverma@aij.gov.in">kantaverma@aij.gov.in</a>
5.	Sh. Abhay Mandyal	Senior Civil Judge - cum-CJM	Chamba	94184-74703	<a href="mailto:abhaymandiyal@gmail.com">abhaymandiyal@gmail.com</a> <a href="mailto:abhaymandiyal@aij.gov.in">abhaymandiyal@aij.gov.in</a>
6.	Sh. Partap Singh Thakur	Senior Civil Judge-cum-CJM	Sirmour at Nahan	94181-57020	<a href="mailto:thakur.partap717@gmail.com">thakur.partap717@gmail.com</a> <a href="mailto:partap@aij.gov.in">partap@aij.gov.in</a>
7.	Dr. Parvinder Singh Arora	Senior Civil Judge-cum-CJM	Shimla	94180-03104	<a href="mailto:arora.justice@gmail.com">arora.justice@gmail.com</a> <a href="mailto:ps.arora@aij.gov.in">ps.arora@aij.gov.in</a>
8.	Sh. Yajuvender Singh	Senior Civil Judge - cum-CJM	Kangra at Dharamshala	94184-84111	<a href="mailto:kanwaryajuvender@gmail.com">kanwaryajuvender@gmail.com</a> <a href="mailto:yajuvendersingh@aij.gov.in">yajuvendersingh@aij.gov.in</a>
9.	Sh. Hitender Sharma	Senior Civil Judge - cum-CJM	Bilaspur	94184-75371	<a href="mailto:hitinder56@yahoo.com">hitinder56@yahoo.com</a> <a href="mailto:hitenderkumar@aij.gov.in">hitenderkumar@aij.gov.in</a>
10.	Sh. Hoshiar Singh Verma	Senior Civil Judge - cum-CJM	Kinnaur at Reckong Peo	94181-39191	<a href="mailto:hoshiarhps@live.in">hoshiarhps@live.in</a> <a href="mailto:hoshiarverma@aij.gov.in">hoshiarverma@aij.gov.in</a>
11.	Sh. Pankaj	Secretary, District Legal Services Authority	Chamba	94184-67181	<a href="mailto:pankaj_nk@yahoo.com">pankaj_nk@yahoo.com</a> <a href="mailto:pankaj@aij.gov.in">pankaj@aij.gov.in</a>
12.	Ms. Sheetal Sharma	Senior Civil Judge - cum-ACJM	Court No. 1, Dehra	98160-33183	<a href="mailto:sheetaldayal@gmail.com">sheetaldayal@gmail.com</a>
13.	Sh. Vivek Khanal	Secretary, District Legal Services Authority	Una	98160-98288	<a href="mailto:vickytheogshimla@yahoo.com">vickytheogshimla@yahoo.com</a> <a href="mailto:viveckkhanal@aij.gov.in">viveckkhanal@aij.gov.in</a>
14.	Sh. Basant Lal Verma	Secretary, District Legal Services Authority	Sirmour at Nahan	94181-19858	<a href="mailto:basant0604@gmail.com">basant0604@gmail.com</a> <a href="mailto:b.verma@aij.gov.in">b.verma@aij.gov.in</a>
15.	Sh. Anil Kumar	Secretary, District Legal Services Authority	Kullu	94187-77717	<a href="mailto:anilsharma444@ymail.com">anilsharma444@ymail.com</a> <a href="mailto:anil.kumar69@aij.gov.in">anil.kumar69@aij.gov.in</a>
16.	Mrs. Gurmeet Kaur	Secretary, District Legal Services Authority	Solan	94180-84223	<a href="mailto:gurmeet17march@gmail.com">gurmeet17march@gmail.com</a> <a href="mailto:gurmeet.verma@aij.gov.in">gurmeet.verma@aij.gov.in</a>
17.	Sh. Amit Mandyal	Secretary, District Legal Services Authority	Kangra at Dharamshala	94184-94777	<a href="mailto:amitmandyal.hjs@gmail.com">amitmandyal.hjs@gmail.com</a> <a href="mailto:amit.mandyal@aij.gov.in">amit.mandyal@aij.gov.in</a>
18.	Sh. Harmesh Kumar	Senior Civil Judge - cum-ACJM	Court No. 1 Sarkaghat	94184-07233	<a href="mailto:harmeshkumar07@yahoo.com">harmeshkumar07@yahoo.com</a> <a href="mailto:harmesh.kumar@aij.gov.in">harmesh.kumar@aij.gov.in</a>
19.	Sh. Ramnik Sharma	Secretary, District Legal Services Authority	Shimla	98164-35501	<a href="mailto:ramniksharma66@yahoo.com">ramniksharma66@yahoo.com</a> <a href="mailto:ramniksharma@aij.gov.in">ramniksharma@aij.gov.in</a>
20.	Sh. Dhiru Thakur	Senior Civil Judge - cum-ACJM	Court No. 1, Amb	94184-94544	<a href="mailto:thakur.dhiru@yahoo.com">thakur.dhiru@yahoo.com</a> <a href="mailto:thakurdhiru@aij.gov.in">thakurdhiru@aij.gov.in</a>